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Conversation with an Overseas Friend - Pat Heydlauff - By Mollie Love

Thank-you Pat for offering to hold the first Conversation with me for the new Online Newsletter.

Pat and her husband live in Florida which she considers is a piece of heaven on earth except during the hurricane season! She has two children one of which is married and 'three lovely grandchildren'. She also has a little Lhasa Apso dog named Princess.

Her background is in business. After the stress and imbalance in her career compromised her well-being becoming more than she could physically handle, she started her own company creating decorative art gift products. Her clients were

looking for items to support a feng shui life style and for Pat this introduction to feng shui 'was love at first sight'.

She recently completed her first book on feng shui which should be available later in the year.

Pat is also an author, artist and speaker.

1. How did you first become interested in feng shui?

At the same time my clients were asking me about feng shui products while living in California I had the good fortune of attending some lectures about creating balance in your life and garden by Angie Ma Wong, U.S Asian Market and Feng Shui authority in Los Angeles.

2. Who did you train with?

Because I found Angie's knowledge so compelling, I then proceeded to read an enormous number of books published by many of the masters in the field. I attended seminars and conferences when they were available. I met Jon Sandifer at one of those conferences who introduced me to yet another segment of the industry and encouraged me to forge on.

3. Which school of feng shui do you follow?

I follow the principles of the Compass School and the Form School and occasionally augment them with further information from the Flying Star School.

4. Do you feel you have used feng shui to make positive changes in your life?

Not only has Feng Shui made positive changes in my life, I believe it saved my life. Until I learned how to eliminate negative energy in my life, create balance and then energize my goals and aspirations, my health

continued to spiral downward. I now feel well and have found balance between work, family and taking care of myself.

5. Is applying feng shui in America different to the traditional Chinese way of working?

Using the basic principles of Feng Shui is the same in America as in China. However when I work with clients, I find that it is in the applying of the Chinese symbols that I need to be creative with my clients. Many of them do not want unfamiliar symbols from another country or religious statues in their homes. For example if I want Phoenix energy in a location I would suggest an American eagle, or to replace the energy of the Chinese Coins I would suggest using US silver dollars. I will also carefully analyse the furnishings in a client's home to see if they already possess something that would work to enhance and energize the life aspiration in need.

6. Do you specialise in a working with particular issues?

I love working with families and children to improve their prosperity, well-being and relationships. I also like working with businesses to create change that leads to significant improvement in focus, productivity and employee retention.

7. Is there a feng shui issue you least like dealing with?

I have yet to find any area I do not like. I do find the greatest challenge to be in homes, buildings and people that are in great chaos because of their clutter. The clutter hides so many things under the surface so we need to get rid of the clutter before we can actually get to work.

8. What do you always do first when doing a consultation?

Before actually meeting in person with the client I always insist that they provide me with a floor plan of their property, the direction their front door faces and a list of their needs and goals. I ask them to carefully consider and prepare this list because that gets them involved personally in the future they want to create.

9. What do you never do?

Assume that the information the client has provided about the location of their front door is accurate and the floor plan complete. I also make sure the client understands that Feng Shui is not a cure or a band aid but rather a lifestyle that helps them take control of and improve their lives.

10. How do you see your various roles - feng shui expert, author, artist, and speaker come together?

For me, Feng Shui is the lifestyle I live on a daily basis that provides me with balance and creates harmony in my home. Part of that balance comes from using the creative side of my brain to nurture and nourish my spiritual side. I look at the end result of my writing and paintings as my gift back to the universe by sharing Feng Shui through art and the written word with others. When I paint I feel like I'm doing meditation with a paint brush and canvas.

11. Do you belong to a network group with other feng shui practitioners?

While I do belong to some business networking groups locally and the Florida Speakers Association, I have not had time to network with other feng shui practitioners except through your Feng Shui Society in the UK. I am listed on the Feng Shui Directory of Consultants and Schools in the US.

12. What is your animal sign?

I am a Monkey with a KUA number of 4. In Flying Star astrology my numbers are 2, 6, 1.

13. What is your element?

Metal

14. What keeps you interested in feng shui?

I love helping people take control of their lives so they can create a better life filled with more prosperity

and abundance. Helping people understand that living a feng shui lifestyle will make a huge positive impact on their lives if they are just willing to apply its principles is what keeps me motivated.

15. Do you have a particular memory of feng shui that stands out and why?

I do not have a particular memory of feng shui that stands out individually but rather the entire journey one travels when you realize that using feng shui principles will help you eliminate chaos in your life and replace it with joy.

Thank-you again Pat for being our first Friend and for sharing a little of your life.

Pat Heydlauff

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