

the Parklander

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FOR YOUR WEDDING

From "I Do"

To "I Will Always"

with Feng Shui

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After the celebration and the honeymoon are but a warm, glowing memory...reality hits. You are beginning a new life together and realize you really need to create a foundation for a lasting joy-filled relationship. If you are starting a new home, use home décor that emphasizes the building of, and continued growth of, relationships filled with romance, respect and rapport.

Having and maintaining a good equal relationship is a real challenge for many. Couple relationships are the most talked about issue on daytime television. The one helpful area people often overlook in this process is the use of positive energy in their personal surroundings. Does your personal environment support you in your desire to have a permanent long-term relationship filled with romance, respect and rapport?

Evaluate "Relationship Energy" at Home and Take Action

First, review your time commitments to see what messages are being sent symbolically to your mate? Have you made permanent room for him or her in your life? Or, is your calendar still so cluttered with work, organizational events and chosen activities that there is no time for a respectful, romantic relationship?

Solution: Unclutter your calendar to make ample time for your mate to feel important in your life. Spend time together regularly, schedule it on your calendar and keep those commitments to each other.

Second, take a close look at your personal décor. What messages are you sending to your mate? Are the pictures on the walls all of eighteenth century women in period clothing, solitary beach scenes or void of anything sensuous or couple oriented? Perhaps your wall décor is of sports teams, martial arts or your favorite classic cars, but is in no way symbolic of the relationship you have just entered.

Solution: Use artwork that you both love for your walls. In Feng Shui, the southwest is the relationships area of your bedroom and living/-family room. Place pictures there symbolizing couples or romantic relationship energy. You might look for fruit, such as two luscious pears sensually leaning toward each other, two hearts intertwined or two beautiful flowers snuggled side by side.

Third, what do your wall colors and styles of furniture say about your desire to have a relationship filled with romance, respect and rapport? Is it stark black and white with lots of hard unwelcoming edges? The hard sharp edges and lines are good for an office, but not for great relationships at home. Maybe your furniture and décor is too homey, comfortable and cluttered with lots of pillows and too many soft earthy colors. This kind of décor can make a mate feel trapped and uncomfortable.

Solution: Use color and shape to balance the energy in your home. Wall colors in bedrooms should be pastel to encourage rest, relaxation and romance. The colors most conducive to equal loving relationships are peach, pink, light green and soft earth tones. If kept somewhat pastel in value, greens and light terra cotta colors create great relationship energy throughout the house.

If you like hard lines and a black and white décor, soften it with some lush soft velvet pillows and a cashmere throw in pink or peach. If your home is too soft or too feminine, eliminate some of the pillows on the bed, sofa and chairs to create ample empty space for your mate to sit, snuggle and linger without feeling like he or she is being suffocated and confined.

Fourth, if your 65-inch flat panel plasma HD widescreen, electronic equipment with speakers and a sofa are the only things in your living room, a mate, unless they want to watch television or play videogames 24/7, may not feel welcome. On the other hand, if your home looks so perfect one feels he or she cannot sit down anywhere comfortably and stay a while, they will not want to stay.

Solution: Create balance by using opposites. If your furnishings are high tech and somewhat unwelcoming to a non-techie, add some upholstered furniture, pillows and softly draped window treatments; tied back window treatments soften the room and let warming sunshine

in. Add a casually tossed throw, pastel pillows and use some soft torchiere lighting to encourage comfort and some casualness.

Create a bedroom inviting for l'amour

Keep your bedroom clutter free at all times. To create a sanctuary for rest, relaxation and romance, the bedroom needs to feel roomy, filled with only those things that speak of "coupleness", and be a retreat from the outside world. Remove everything from the bedroom that does not meet these criteria, including workout equipment and computers.

After making sure the southwest relationship area of your bedroom is clutter free, energize it by placing something there symbolic of the kind of relationship you both want - a picture of two people in a loving relationship walking hand in hand on the beach or a sculpture of a loving couple embracing. Select pictures for your bedroom together so they provide each of you the same loving energy.

You can use two of your favorite flowers equal in size and height either intertwined or leaning toward each other placed in a bud vase to create the same energy. Remove all pictures of parents and children from this area. The bedroom is for couple energy, not family energy.

Place a lovely, healthy, green, upward reaching plant in the east area of your bedroom. This will energize new beginnings, rapport and help you grow and thrive with your new, equal relationship. As the plant thrives and grows into maturity, so will your love and respect for each other. If the plant becomes unhealthy in any way, promptly discard and replace it.

Focus Energy on Your Relationship

One additional way to focus energy on creating and maintaining a relationship filled with romance, respect and rapport is to locate and unclutter the center area of your home. Place a candle there with two wicks in a safe container and burn it at least once every week for at least one hour. Placement in the center of your home means your loving relationship will also become the central energy of your home.

Creating a romantic, respectful relationship filled with rapport and l'amour is no different in Feng Shui than focusing energy on other goals and objectives, like good health or abundance. You need to decide it is important enough to you to focus your energy on it regularly - then bask in the joy of your new relationship.

